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Långholmen FC 1 - IFK Vaxholm 2 Stora Essingen, 31st May 2008 KO 16.00

THE STRIPES AND LITTLE CHRIS WALK TALL

Since last week's match there had been changes at the top. Nick Short stepping aside after almost 5 years in charge. Chris Latham taking over the reins with assistance from Mark O'Sullivan

Despite the new management team the starting 11 had a familiar look to it. We lined up 4-4-2. Mole in goal. Will at left back. Centre backs were Stu and Phil (who was making a welcome return from injury). Kelly deserveably starting for the first time at right back after some impressive performances in the reserves. Nino on the left of midfield. Robbie and Pete in the middle and

Militair on the right. Evo and Andry re-united up front. On the bench was Dave e, Oscar, goalkeeper Steve and Alex. A sign of the commitment to the cause was the fact we had several first team players in amongst the ultras. Nick Phillips (not playing due to work commitments), Deri who is still injured, Seb and Paul. Paul Sullivan too who we hope to see out on the pitch soon. Although his eclectic mega mix that was played throughout the game will be missed.

the gaine will be missed.

When I think of Vaxholm I think of that day I sat in Vaxholm torg with my mum enjoying an ice cream and I think of last summer and a sailing trip on my friend Henrik's boat. I don't think of it as a footballing hotbed. But today's opposition deserved respect as they started the day sitting proudly top of the league. There was a slightly surreal feeling with the absence of Nick short but as the boys came onto the pitch to the strains appropriately of Bob Marley's one love, last week's second half performance plus the fresh start had given the fans genuine reason to be optimist.

And as early as the first minute the stripes signalled their intentions. Pete took a corner and picked out Evo who was lurking on the edge of the box.

And as early as the first minute the stripes signaled their intentions. Pete took a corner and picked out Evo who was jurking on the edge of the box. The shot was well struck but just wide.

The passing was crisp and confident, the movement delightful, Långholmen were strong in the tackle, diplaying real hunger and winning all the 50-50 challenges and solid and organised in defense. So it was no surpise after a promising first 10 minutes that Nino put Andy through clear on goal.

Andy's shot well saved by the keeper and although he was quick to seize on the rebound Vaxholm were saved by the post.

A few minutes later it was Evos turn to feed Andy. This time the keeper saving well again with his legs. The pressure was relentless. Next it was Robbie who found a bit of space in the box but as he juggled the ball it wouldnt fall kindly for him and the flustered Vaxholm defender recovered in time to block his shot

On 25 minutes Vaxholm had their best chance of the half. A fierce shot from distance was parried by Mole but straight up into the air and a goal seemed inevitable as the forward followed up. But somehow Mole saved again and then Stuart blocked a third attempt on the line. Stuart has looked very comfortable in division 4 and was once again having a fine game. Showing great anticipation in calmly breaking up Vaxholm's attacks and then spreading the play intelligently.

spreading the piny miceningency. It was from one of Stuart's searching balls that he picked out a maruading Will with a glen hoddle-esque pass down the wing. Will was relishing getting forward and was linking up well with Oscar who had come on for Nino.

The ultras were also in good form. Noel in particular was very entertaining with his heckling in colourful Swedish. One player in particular (delfinen) being singled out for some hilarious one liners. Mats didnt escape either. On one of his trips to our side of the pitch with the water bottles noel shouting 'good to see you carrying something other than a pint of guinness mats' much to the crowd's amusement.

should good to see you can ying solinearing upon the later than a print with a print was a much to derive the should be a should be the should be should be

On 50 minutes the unmistakeable nessun dorma began. And as the cresendo approached and the hairs went up on the ultras necks the tension rose

as a vaxious striker bore down on Moles. But as Pavarott his high not between a glip die the last selection as a vaxious striker bore down on Moles. But as Pavarott his high not between the splendid diving save. But vaxious selections were starting to sho but vaxious mere enjoying their best splend of the game not two shorts are trengthen than the first half on a minute a corner was played to the near position where enjoying their best splend of the game not two son surprises than they scored. On 55 minutes a corner was played to the near position that a glancing header across mole and into the net.

Shortly after from another corner they could have made it two when the ball reached the far post and a vaxholmer had time and space but mole shortly after from another corner they could have made it two when the ball reached the far post and a vaxholmer had time and space but mole shortly after from another corner they could have made it two when the ball reached the far post and a vaxholmer had time and space but mole shortly after the specific properties.

pushed his strike onto the post.

For the first time in the match the defense was getting stretched and a risky offside was attempted which resulted in a vaxholm striker breaking away.

Once again Mole who was having a fine game saving well.

But Andy was having one of his best games for the stripes too and the vaxholm defense struggled to contain him. On 60 minutes Evo chipped the ball through and Andy was one gain away this time pushed wide and was unlucky that his searching ball across goal didn't pick out a Långholmen player.



inutes the 'nessun dorma' moment of the match did occur. Evo played the ball onto andy who although

On 70 minutes the 'nessun dorma' moment of the match did occur. Evo played the ball onto andy who although facing two defenders striked early from 30 yards catching the goalkeeper by surprise who was standing off his line. The ball flying over his head and into the net for a deserved equaliser. Andy removing his shirt and saluting the ultras with a gladitorial pose befitting such a strike.

On 80 minutes definen looked set to score as he opened his body to place the ball in the corner of the goal from just outside the 6 yard box. Mole reacting incredibly to produce a miraculous save.

With a few minutes to go we had our last chance to win the game when a long throw form evo wasnt dealt with and ricoched around the vaxholm 6 yard box but a draw felt like the fair result. Agonisingly though just as the travelling supporters were checking their vaxholmsbolaget timetables for the boat home a clumsy looking tackle just inside the edge of the box gave the referee no choice but to award the visitors a penalty. Mole guessed the right way but the ball just eluded him.

The vaxholm manager was heard to say that £Lāgholmen had given his team their hardest game of the season and the consensus between players and fans last night was if we play as well for the rest of the season we will stay in this division.

man of the match - Andy O'sullivan. Gave the Vaxholm back four a torrid afternoon and scored an early contender for goal of the seaso Favourite song from Paul's IPOD - mr tambourine man

/Thanks to Kevin Everest for this report in absence of Scotty

An short external independent report with some great photos by Ola Rodenkirchen can be found here >>>

IFK VIKSJÖ (2) 2 LÅNGHOLMEN FC (1) 1

Viksjövallen, 24th May 2008 KO 14.00

STRIPES MISS LAST GASP CHANCE TO SAVE A POINT

The law of averages say that Långholmen are due a bit of luck soon as they came away from Viksjö with nothing after putting on a battling performance.

Not only are the team having a turbulent time on the pitch but also off it as at half time Nick Short



handed in his resignation and watched the whole of the second half with the Ultras from the stand. handed in his resignation and watched the whole of the second half with the Ultras from the stand. The fact that Langholmen were short of players almost right up to kick of was not a perfect way to prepare for a vital match. Long time servant to the dub Mark O'Sullivan was called in at the last minute to bolster the Stripes defence and all credit to the big man as he put in a fine 90 minutes. Assistant manager Chris Latham couldn't of been more lyrical about his team and seemed to be able to give the players a real sense of belief for the second period of the match. Had striker Andy O'Sullivan



Had STRKER AND O'SUIIVAD converted a last minute spot kick his team would of been celebrating an away point, instead he made a hash of it striking within range of the keeper.This was the last action of the

game and the Stripes boys left the field dejected. Nothing can be taken away from Viksjö, they stuck to their game plan and were tw

Nothing Carl be casen away from vission, usey suck to their gaine plant and were two up inside 1.7 minutes. Micke Johansson claimed the first after some shoddy covering at the back and the same player was on call again when Tim Rydbeck strolled down the flank and put in an inch perfect pass to Johansson who netted from four yards. Långholmen battled on and pulled a goal back when Pete O'Connells free kick sailed into the net from a long way out.

Both sides created some good chances in the second half and Viksjö saw the ball crash off the woodwork on a couple of occassions.

The away side can once again take away some positives from this one and hope that they will get three points in the bag soon. Matches against fellow strugglers at the bottom are the definite key in Långholmens fate this season. The Stripes now need to ensure they have a full squad for upcoming matches and that a replacement can be found for Nick Short.

<u>Crowd:</u>87 of which 26 were travelling fans. <u>Refwatch:</u>The man in the middle had complete control of this one. <u>Korvguiden:</u>No sausages were sampled as we bought kebabrulle inste

All the best Scottie.

LÅNGHOLMEN FC (2) 2 DJURSHOLM UTD (1) 2

Stora Essingen IP, 17th May 2008 KO 14.00

LAST MINUTE ESCAPE FOR UNITED.

Glenn Schiller may have won a Uefa Cup winners medal with IFK Gothenburg but he came away from Stora Essinge without a win on Saturday afternoon as his side grabbed a last gasp equaliser A well directed header into the top corner saved one of the divisions more fanciet teams from defeat by a spirited Långholmen team.

The Långholmen fans who braved the elements were treated to some attractive first half football by their team and saw them storm into a two goal lead. Had the home team taken advantage of their second half chances the Djursholm team would ed been staning a comprehensive defeat in

Nick Short had to field some reserve team players and was proud of the way his replacements battled throughout. Marc Evans was switched to right back and had a fantastic game as did

betweet introgrious mones examined to major book and not a nanesse, game as un Sebastian Sallah, particularly in the first half. The Stripes fought the whole way and can take only positives from this match and will put their bad run of results behind them. Andy O'Sullivan ran the ageing Djursholm defence ragged and captain Robbie Graham took no

prisoners with his direct no nonsense approach in midfield. Goal number one came after Graham surged forward and with some hesitation in the Diursholm defence the ball fell to ex Leeds Utd player Stephen

Carr who netted from close range.

The fans hardly had time to compose themselves on the sidelines when the ball crept over the goal line for number two. This time Andy O'Sullivan

The fans hardly had time to compose themselves on the sidelines when the ball crept over the goal with a darting run, a Graham shot was then scrambled into the path of Conville who made no mistake Djursholm were clearly panic strucken and outplayed for the first half an hour at times they seemed to be treating it like a training match as their hosts dominated.

United managed to pull a goal back before the break when some some good running by Philip Lovering on the left flank found Marcus Aslund who reduced the deficit.

Langholmen were unable to increase their tally and had a goal chopped off for the use of hands. The clock ticked down and just when it looked like the Stripes would claim a historic victory, came that order over the contractions.

that sucker punch. The Långholmen team got a rousing round of applause from their fans at the end and quite rightly

so, Djursholm will take a good look at themselves and if they continue to play in this mann can forget divison three aspirations.

Stripes Man of the match: Stuart Lascelles was chosen by the Ultras today for his contribution.It rd call as there were so many good performances.

Ref watch: Mr Andric and his team had a fair game, exceptions guiden: A very fine 5 out of 5 for the sausage today. except for numerous foul throws that they failed to spot

Audio report with LFC Div4 manager Nick Short >>>

All the best/ Scot James

BOLLSTANÄS SK (0) 5 LÅNGHOLMEN FC (0) 0 Bollstanäs IP. 11th May 2008 KO 16.00

SECOND HALF DISASTER AS STRIPES FLOP AGAIN

Långholmen managed to contain their hosts for forty five minutes and for the first time this season not concede a first half goal. Bollstanäs will have gone in at the break frustrated as they had a large bulk of the game and created numerous decent chances to get on the scoreboard. James McConnell was back between the sticks and had a very good game apart from one horrendous blunder that gifted the home team with their fifth goal.

The two players who constantly gave Långholmen problems were Andreas Vikström and Tommy Flemström the latter commanded in midfield and never put a foot wrong the whole game. As the first period progress you could sense a goal was in the making but somehow the Stripes held out and gave their travelling fans some hope as the half came to an end.



Div4Bollstanäs IP is an idyllic setting for a football match and the weather was warm and sunny that is however where the joy stops as three goals in ten minutes killed off where the JDY slopes as three goods in tent himilities kined on the Stripes. Flemström started the rout by cooly rounding McConnell on 51 minutes when it seemed the defence went completely a.w.o.l and it got worse only two minutes later when Vikström slotted home after some fine close control.

For a short spell the away team charged

torward and created three chances that on a better day may of ended up in the the back of the net, but this was not their day and after a formary in the Bollstanas box the yellow shirted men broke up field and added a fourth, once again Vikström capitalising on slack covering.

A miserable day was rounded off when McConnell played the ball out to the oncoming Bollstanas player and Daniel Miranda scored.

Nick Short must be wondering under bit of the properties of the properti

All the best/ Scot James

<u>Crowd:</u> 129 of which around twenty Ultras made the trip and had a picnic.
<u>Refwatch:</u> Mr Nidic had a good game
<u>Korvguiden:</u> A good 3 out of 5 with salad and onion. But the bread was a little dry.







Dandervd FK 3 - Långholmen FC 1

Danderyd IP 3rd May 2008 KO 14.00

As Danderyd's famous hospital loomed into view after the short ride to the end of the red line expectations were high amongst the travelling supporters for this bottom of the table clash at Danderyds IP. Last week's stirring second half performance against Sundbyberg had renewed hop that survival in division 4 is an achievable goal.

The team lined up in a 4-1-3-1-1 formation. The surprise re-appearance of last year's player of the year ciaron mccormack gave the defence a more

The team lined up in a 4-1-3-1-1 formation. The surprise re-appearance of last year's player of the year ciaron mocromack gave the defence a more reassuring look than has previously been the case this season. Alongside ciaron was the ice cool german Phil, at left back the energetic Will started much to the delight of his watching parents and fanc favourite Nick Phillips was at right back. The goalkeeper position changing once again with Eddie back between the sticks. Stuart played just in front of the back 4 and we had a central midfield pairing of Pete and Robbie. Robbie playing in a more advanced role supporting the lone striker Paul. Gary was on the right and Nino on the left. On the bench was mare 'evo' evans, kevin (the other kevin) and Paul. Andy O Sullivan was unavailable and Der still injured. barrie radford is serving time in a cypriot prison. The game was played on one of those grass pitches we all remember from Sunday foroball days in engiand. Uneven and bumpy. But for the first time I can remember at a game involving a Långholmen team the opposition had enthusiatic ball boys positioned around all sides of the potholed pitch. Danderyd in told is a town of 30,000 inhabitants but the ultras easily outnumbered the home fans. Our loyal supporters hadra chance to sit their first beer though before we found ourselves I-0 down within 30 seconds of kick off. Ciaron's mistimed challenge in the box giving the referee no option but to award a penalty. The penalty was rolled wide of eddie with the minimum of fuss. Not for the first time this season the stripes faced an uphill struggle before the game had even had a chance to settle down.

Undetered the boys gradually played themselves back into the game and equalised shortly after from a well delivered Nick Philips corner. Stuart on the edge of the six yard box heading accurately and hard which the goalkeeper could only fumble over the line. A deserved equaliser, 1-1. As is often the case with bumpy grass pitches passes short passes were holding up and two touches were needed on most occasions to control the ball. Danderyd were visibly more comfortable with the surface and were playing a more direct long ball game. But in spite of this the remainder of the ball. Danderyo were visibly more comfortable with the surface and were playing a more direct ongo bail game. But in spite or this re-remainder of the half produced no further chances. Only memorable for increasingly physical play by the opposition which freeferree (uncharacteristly in Nick P and Will (much to the concern of his watching mum) all needing lengthy attention after heavy challenges. But as the players emerged for the second half there was still a feel good factor amongst the ultras that it was Langholmen who looked the more likely to take three points. Evo and Kevin came on with Nino and Claron making way. The stripes started the second half brightly. Stuart looked assurred and was playing some tidy football and Pete in particular started to boss the midfield with some fine footwork and switching of the play. Paul was working tirelessly up front but to be honest he never really had a clear chance at goal the entire match.

Some comedy moments livened up a second half which had very little goal mouth incident. Danderyd's soccer casual attired coach being ordered Some comedy moments livened up a second half up a second half very little goal motive incident. Danders soccer casual attired coach being ordered from the dug out and told to sit in a nearby skateboard half by the referee after one outbus tomorans, our own first team coach Nick short was uncharacteristicly subdued (much to my dismay as i had 155EK bet with Danny that the plastic office chair he was sitting on would be launched into the sky at some point in the second half). Midway through the second half Långholmen went 2-1 down. A free kick from the half way line was speculatively knocked long and bounced inside the area and then towards the goal. Eddie reacted well and pushed the ball on to the post but in the ensuing mellee the ball fell kindly for a Danderyd

player who dispatched it into the roof of the net with glee

player who dispactned it into the root of the net with glee.

Some concerted Långholmen pressure only resulted in one real chance. A long shot from outside the area by Stuart heading for the corner of the goal was well saved by the Danderyd keeper.

In the final minutes as the game was being chased a poor defensive header looped back towards the Långholmen goal and a Danderyd striker rose above Will at the back post to head confidently across Eddie into the corner of the goal. 1-3.

Crowd: 40? (including 26 ultras)

Man of the match: - Paul for his tireless running and never say die attitude

/Thanks to Kevin E for the report in absence of Scotty.

LÅNGHOLMEN FC (0) 2 SUNDBYBERG (4) 4

Stora Essingen IP 27th April 2008 KO 13.00

JEKYLL AND HYDE SHOW AS STRIPES LOSE OUT

The heading says it all as Långholmen once again had a kamikaze first half that saw them lose four goals. Had it not been for some dublous goalkeeping the home team would of surely won this match. It was the hotst who started the brighter with some intelligent fast flowing play and with a bit of luck could of taken an early lead. The home teams fans sensed maybe a goal was on the way but the air of optimisim was extinguished when Steve Jefferson saw the ball bounce over his head and into the net

optimism was extinguished when Steve Jefferson saw the ball bounce over his head and into the net after Daniel Correskip layed in a looping ball. The Stripes then had a penalty appeal turned down when Andy O'Sullivan was uppended in the box. On 35 minutes Sundbybergs Donaton Fre added the first of three goals to his seasons tally when his shot from outside the box slipped past Jefferson and into the bottom corner of the net. It wasn't long after he added a third for his team when the Langholmen defence were once again caught

sleeping and the strong forward nipped in to slot home.

Captain for the day Barrie Radford eneded his Långholmen career by being substituted, but not before he foolishly gave away a spot kick which was converted easily by Fre.

At half time things looked very grim for the division four newcon

At half time things looked very grim for the division four newcomers and at that stage you couldn't help wonder if they will record a victory this season as all predictions of being the leagues whipping boys are looking correct.

Like the previous home game Långholmen came out in the second half and dominated the match, it was inspirational to see their never say die spirit and had they taken a couple of the clear cut chances they created Sundbyberg may of been making the trip home with a point or even less.

On 65 minutes Marc Evans stepped up to take a penalty kick and poorly at that, after the ball

bobbled around the area in came Andy O'Sullivan to knock the ball home from ty Dobble and colon the areas in Canie Analy C Jainvan to Nicok and Event from the yards.

The home fans started to get behind the team and sensed a dramatic comeback when captain courageous Robbie Graham soundly headed home after a fine cross from Stuart Lascelles.

Långholmen then squandered a couple of fine chances to make the away team sweat and once again finished a match with four goals against.

Nick Short was upbeat after the game saving he was happy with the second 45 minutes. As it stands Långholmen will have to keep things together for the duration of a whole game and not just in spells

Stripes Man of the Match: Once again Nick Phillips

Crowd: 73

Refwatch: Didn't give much to the Stripes at all in this one.

Korv Guiden: A good 4 out of 5 served by some helpful young chaps in the kiosk.

them the freedom of midfield.

Kungsängen IK (2)4 versus Långholmen FC (0)1

Kungsängen IP 19th April 2008 KO 13.00

Långholmen floored by four again.

The Stripes kitted out in red for the second week running once again conceeded four goals to a hungrier and more competitive Kungsängen team. This was a sorry performance by the Långholmen boys and can have no complaints about this result.

In fairness Nick Short is no where near fielding his strongest team and the lack in strength and quality in his squad is starting to show. The defence was given a torrid time by the very tricky number 9 for Kungsängen and

Squad is starting to show. The defence was given a turniu time by an every tricky number 3 for Aurignee and the impressive number 1.6 who bagged a couple of cracking poles. Ten minutes into the match it looked good for the away team when Marc Evans executed a rocket of a free kick from 25 yards. The Kungston keeper, who it must be said was suspect the whole game, could only parry the shot into the oncoming Andy O'Sullivian who wasted no time in slotting the ball home. From that point on Långholmen, instead of steeping up their game, let their hosts create more chances and gave

The equaliser came on 23 minutes when Kungsängens centre was able to virtually walk the ball past four players and tuck the ball past Bergquist in goal. On 43 minutes the home team added a second when,like last week, a long range effort caught the keeper out of

on 43 limited are index team above a section. Amount of the position.

On the whistle to end the first half things could of gotten a bit nasty when Marc Evans got involved with an opposing player, this was quelled by the referee, who incidentally had a very good game.

The game was over on the 51 minutes mark when once again the Kungsängen number 9 was given all the space in the world to waltz through the defence and slot home.

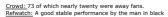
The best goal of the game followed when again the same player set up his team mate with a perfectly floated cross and he gladly accepted by greeting the ball with a fine diving header.

Johnson by Indiana No Indiana enformance by the Strines it could be a long time before they notch up a first win in division

Judging by todays performance by the Stripes it could be a long time before they notch up a first win in division







All the best, Scot James, Forzo Los Stripos

LÅNGHOLMEN FC (0) 1 ÖSTERÅKERS IFK (3) 4

Stora Essingen IP 12th April 2008 KO 14.00

Stripes shot down in torrid first half.

ingholmen Fc proudly took to their new home ground with hope of an upset against former division 3 side Österåker, Unfortunately for the home side hope was all they had as they were taught a first half footballing

Osteråker. Unfortunately for the home side hope was all they had as they were taught a first half footballing lesson by a well equipped and organised side.

Nick Shorts starting line up was very reminiscent of last years team and will be looking to alter the look of his side in coming games. The Stripes gave their opponents far too much respect and far too much possession and space in the opening fourly five thus resulting in 3 goals going into the break.

Steve Jefferson made a bright start by making an acrobatic dive to tip over a fierce effort from Osteråkers number 8. The keeper, however, will not be too happy about letting in a long lofted shot from all of 40 yards two minutes later. A shoddy piece of play from defence saw Osteråkers number ten immediately pick up the ball and saw an opportunity to punt it over Jefferson to make it one nil.

Långholmen were visibly shaken and had no response to the neat passing football being played by IFK.Goal number two came on 19 minutes when once again sloppy play provided IFK with a long range effort on goal which Jefferson was only able to get a finger to but unable to stop it reaching the back of the net.





IFK were on easy street when their number 8 lobbed the ball into the net to make it three for them and a nightmare for Langholmen.

21 The second half was only five minutes old when Charlie Morkdal was harshly sent off for a second offence and with that the possibility of a heavy defeat could of been on the cards.

Instead the Stripes rolled up their sleeves and tried to make a match of it, a few tactical changes and the boys started to create some space and increased their movement, then came the sucker punch that put the game to bed. A half cross cum shot effort sailed into Jeffersons top left hand corner. The keeper will be the first to admit his

positioning left a lot to be desired. Marc Evans picked up his game and lead by example, gritty challenges sensible defending and a wonder goal to

positioning let. a lock to be desired. Heart Evanis picked up his gaine and lead by example, gritty clinients boot. Picking up the ball he cruised his way towards the IFK penalty area before unleashing a perfectly strucken shot that the keeper could only watch flash behind him. With a bit of luck and leaniency from the referee they could of got maybe one or two more, but that is the way it was at Essinge.

The Stripes will take heart from a good last half an hour against IFK but make no doubts about it this will be a long hard season



Scorer for Långholmen: Marc Evans 59 mins.
Crowd: 124. Very well done the Ultras and the banter as always was top class.

<u>Crown</u>: 1-4. Very men under the other as an the barrier as anysys was top class.

Ref watch: A decent game by the ref. Although his choice of perms was a bit off.

<u>Korv quiden</u>: No sausages at the ground. This will have to be remedied. Although Deri handed out buns to all present and these were baked by the lovely wife of Robble; Susanne Graham.

All the best, Scot James

Many thanks to Andreas Karlsson for the photos.

Långholmen versus KRIS FK (Stockholms Cup)

Stadshagen IP 17th February 2008 k.o. 3Pm

(KRIS won 4-1 on penalties)

JAILBIRDS ON SONG AS LÂNGHOLMEN GET MAXIMUM PENALTY.

This game was eagerly awaited for the Stripes Ultras who braved the cold to cheer on their team. It was not to be a joyful outcome though as their team were outwitted by a battling KRIS team. The home side missed their free penalty at the start of the match when their number 3 crashed his effort against Moles left upright.

In all fairness this win was not a fluke and deserve to be in the next round of the cup. They gave up the cause and in the later stages of the game their tired legs kept on the move to harass a frustrated Långholmen side.

This result is even more remarkable when you consider this team hadn't been training together close season and hadn't kicked a ball together since the close last October, whereas Långholmen have been building on their fitness and having regular training sessions.





The talk by some on the terraces was that the KRIS team would tire and and then Långholmen would capitalize but in fact the opposite happened, the division 5 side took the lead when a looping from a cross that originated from a set piece looped over Moles head and into the net. It could of been much worse when the KRIS centre was clean in on goal but rattled his effort into the side netting two minutes later. Långholmen were clearly rattled and lost all of their shape and found it hard to break down the stubborn home team

Robbie Graham gave his side hope and a wake up call when he hammered home a rebound on 72 minutes. This was now a good period for the Stripes and it looked like a matter of time before they would take the lead, however then came the sucker punch, a dreadfull mistake in defence saw the forward run in on Mole w

Scotty has reported for Långholmen for the last 4 seasons. A lot of effort, time and energy has been put into making the reports: an essential, well-read and appreciated side to the club. Both internal and external sources read his write-ups. For archived reports from the last four seasons, choose your pdf and read more:

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Our very own Scotty will supply all our members, fans and voyeurs with his wit, charm and to the point match reports for the coming season as he sees them. A long serving member of LFC, you'll read it as it is with this man, as he puts pen to paper.

Stockholm Cup 3rd Round / 8th february 2009, Stadshagen IP, KO 12,00



LÅNGHOLMEN FC (3) 6

Andy O'Sullivan 14,68,86mins,Derri Thomas 9,15 mins,Anton Björlund 47 mins.

LÅNGHOLMEN TOO HOT TO HANDEL FOR STUDENTS

r those who braved the damp chilly conditions, this game provided an insight into what good, organized and fully committed football is all about Roll this will be read the unity continued, and specific many continued an insight first what good, organized and day committed foodan is a as Langholmen FC dumped last years beaten finalists out of the Cup.

Right from the off the omens were good for the away team as Handels failed to convert one of their free penalty kicks awarded in the Cups

Night from the office of the other ways to the way team as transcess name to convert one or men tree pening access an one copy and a hardicap system. The Stripes keeper Edwin Berguist got down to block the shot which in all fairness was every poor effort from Richard Nordenvall. A no nonsense approach was administered by Långholmen and with some effective passing and free flowing football it didn't take too long for them to make things even. Deir Thomas fried in a looping shot which sailed over the keeper and into the net. It sat at that point that you could see that Handels were just not up for this game and the fact that they mustered only two shots on target the whole game paints the picture perfectly.

Inside twenty minutes and the tie was dead as a contest when counters from Deri Thomas and Andy O'Sullivan made it three.

Midfield general Robbie Graham controlled things effectively and aided by Mattias

Larsson, who had a great debut, made sure that middle of the park dominance was Längholmens all the way.

It really was big disappointment for the fans on the terracing that Handels put up.

such poor resistance and is hard to believe that this same team made the final last year. A lot of the talk before this match was that this game saw Långholmen a little as underdogs due to the hype surrounding their opponents in the last year or so, but the Långholmen team responded in the correct manner by doing all the talking with their

Anton Björlund was in devastating form and he went from being goal provider to go scorer directly after the restart with a hard shot that the keeper could only parry into

O'Sullivan was on hand again twice to complete a well earned hat- trick and complete the rout

Långholmen can look forward to the next round of the cup with a match against Div

3 side Rågsved or Kista Pars. On this form they might just be able to progress another couple of rounds

<u>Stripes MoM:New boy Mattias Larsson for a very fine debut performance in the middle Rewatch:</u> Håkan Pettersson had very little to do today .Only one booking the whole materials of the stripes of the middle materials of the stripes of the stripes

Audio report with Captain Robbie Graham: >>>
Audio report with new LFC player Mattias Larsson: >>>

All the hest. Scot Tames

STOCKHOLM CUP 2nd Round

MEDBORGARPLATSEN FF (2) 2 LÅNGHOLMEN FC (4) 8

STRIPES FINISH OFF AT A CANTER

Medborgarplatsen were quietly confident going in to this match after disposing of Långholmens division four counterparts Österåker in the last round and with three penaltie in the handicap system that this tournament applies it was maybe just possible the Stripes would take a tumble too.

The division seven team managed to score two of their spot kicks to give the red shirted

The unison seven ream managed to score two to their spot, knicks to give the red sinted Langholmen boys something to play for. For the first ten minutes it was going to plan for Medis as they gave as good as they got but without creating anything in front of goal. Colm Kenny had his parents in the crowd and they must of been very proud to witness a fine display by the plucky Irish lad. Right from the off the frontline for Langholmen showed that they meant business and with a little more determination and less showboating in front of goal the score could easily have been

determination and uses showboarding in front or goal the score court easily have been fortreen or fifteen goals to the good. Andy O'Sullivan got the Stripes first after a superb pass by Robbie Graham, really, the keeper will be disappointed that he misread the situation and the ball nestled in the net behind him. Kenny then supplied Deri Thomas with a inch perfect cross and he wasted no time in steering his header net bound. It wasn't long before the Stripes took a deserved lead this time. O'Sullivan made it count. Medis are not at all a bad side and should have a better season next year with a few additions

Anton Björklun supplied Kenny with the ball to claim number four just before the break.



Lângholmen changed their keeper for the second half, at times you wondered if they would ev have anything to do in this match as Medis created almost no scoring opportunities at all. Counters from Chris Allen, O'Sullivan and a further two for Kenny completed the rout. The pick of these was Kenny's last effort when he ran onto a fine through ball and fired low and hard past the despairing keep

oespairing keeper. It could and should of finished a lot worse for Medis and they will be grateful that it didn't end in double figures. This was a fantastic end to a memorable second half of the season for Långholmen, their contract secured for division four next season and a feelgood factor in the dressing room. Hopefully the draw will be kind to them in the next round and they can put together a decent cup run when plant of the draw will be kind to them in the next round and they can put together a decent cup run when plant of the draw will be kind to them in the next round and they can put together a decent cup run when plant of the draw will be kind to them in the next round and they can put together a decent cup run when plant of the draw will be kind to the draw the draw of the resumes in the spring



















Stripes man of the match: Colm Kenny, King Kenny was in fine form. Crowd:53 Refwatch:Not too bad at all.

Korvquiden: Nada, disaster, catastrophe.

All the best for the last time this year, Scot James

SUNDBYBERG (0) 0 LÂNGHOLMEN FC (2) 5

Sunbyberg, saturday 20th september 2008 KO 14.00

STI KY STRIPES STUN SUMPAN

Audio interview before the match with Mark O Sullivan, assistant training coach >>>

On a day perfect for football, Långholmen produced an elegant display of goal scoring finess to give themselves a chance of playing in Division 4 next term. A wonderful hat trick by Colin Kenny belittled the home team and put a smile on the faces of the large travelling support. The pick of the bunch from Kenny was a powerful headed effort in the 55th minute after a fine inswinging corner from Chris Allen.

The opening twenty minutes was a nervous affair from the visitors and Sundbyberg wasted three clear cut chances in front of goal, a combination of fine goalkeeping and very poor finishing kept the scores level. Eighplothem ever eithout young star Anton Björklund and slotted Pete McConell into the left side of midfield, upfront the partnership of Kenny and O'Sullivan was given the chance to blossom, and that it did. These two had a great understanding and ran the home teams defence ragged at times.



The scoring rout started on 25 minutes when O'Sullivan went on a strong run, beating off his opposite and cutting back a fine ball for Kenny and he wasted no time in rifling the ball into the net.

It could of been two from a free kick on 38 minutes but Allens attempt grazed the crossbal

It could of been two from a free kick on 38 minutes but Allens attempt grazed the crossbar. The next goal was a real Roy of the Rovers effort. O'Connell picked up the ball in midfield and drove forward, he found O'Sullivan who weaved his magic in the box before the ball fell to Deri Thomas who obliged by stroking the ball net bound. After the break the onslaught continued and three goals in ten minutes killed off Sundbyberg. Once again the man at the centre of it all was O'Sullivan and eyining the defence a run around he knocked the ball towards goal, his effort was turned into the net by William Noren. This pretty much summed up Sumpans day and number four came three minutes later with that great headed goal by Kenny and to add insult to injury he grabbed his hat trick on the hour mark.

Lesper Ghildyaz was red carded for a second bookable offence as was Stripes Andy O'Sullivan, to be fair it seemed like a very harsh decision from the referee Andreas Olsson

Kungsängen visit Stora Essinge on Wednesday night, a win will secure football in this division for Långholmen next year. It really has been a roller coaster ride this season for the Stripes and deserve to stay up after a miraculous turn around after the summer break.

Stripes men of the match: Andy O'Sullivan and Colm Kenny Crowd: 73 of which 44 were Längholmen fans. Korrquiden: Not only sausages but toasties too, 5 out of 5 Refwatch: Over use of the whistle and a dubious sending of

After match audio interview with Mark O Sullivan and Colm >>>

All the best on my last report this season, cheers Scottie

LÅNGHOLMEN FC (1) 1 DANDERYD (1) 1

Stora Essingen, saturday 13th september 2008 KO 14.00

ALL FATR AND SOLIARE FOR STRIPES

Danderyd took a point and they will feel that it should of been three as Långholmen survived a late scare when their opponents crashed the ball against the bar from a fine effort just inside the box

A few players were missing again for the Stripes but the replacements more than acquitted A trew judgets were insisting again in the studges out the repindements into etian adjusted themselves on a very cold afternoon, notably new keeper Evan, the big American Marine looked solid throughout and could not be blamed for Danderyds goal on the ten minute mark. A through ball saw Cairan McCormack uncharacteristically pick up his marker too late allowing him the time and space to place a low hard shot into the bottom right hand corner of the net.

Långholmen tried to make amends as soon as possible and saw a goal chopped off for offside on 15 minutes. Deri Thomas and Björklund both had chances but failed to capitalize. Oscar Hentmark proved to be the point saver for Långholmen when he nodded into the net from Björklunds corner.

This saw a more urgent Långhol

nns saw a ninor outpett. Langionitien suce, out the same old story of fack of a killer touch in front of goal kept it even at the break. The next 45 minutes saw a good solid team performance from Danderyd with no nonsense defending and no stupid risk taking. This was never gonna be a classic match, when taking into account where both teams lie in

league.

Andy O'Sullivan provided Hentmark with a good opportunity but the young lads effort just went past the post on 65 minutes

The homeside will feel they should of had a penalty when Björklund seemed to be uppended in

In a nomesaice will refer they should or had a penalty when ejoriculuria seemed to be uppended in the box, but the referee waved play on.

It goes without saying the Stripes must win their next match away to Sundbyberg. This looks like a lall task for the Långholmen boys at the same time Danderyd should dispose of Ursvik. Three teams may yet be relegated from this division some things are stacked against the

O'Sullivan/Latham management team

Stripes Man of Match: Deri Thomas Crowd: 41

Refwatch: Good refereeing for the second week running Korvguiden: Cold Korv on a slightly colder day 1out of 5

Audio report with LFC's Cairan >>> All the best a hopeful Scot James

LÂNGHOLMEN FC (0) 0 BOLLSTANÄS (1) **2**

Stora Essingen, saturday 6th september 2008 KO 14.00

PAIN IN THE RAIN FOR STRIPES

Had Robbie Grahams 20 yard shot hit the back of the net in the 54 th minute this game could of produced one of the seasons biggest upsets so far. Unfortunately the plucky Irishmans shot hit the underside of the bar and bounced out in front of the goals instead. Bollstanās deserved their victory and it's not just by chance that they sit at the top of the league undefeated this season. They are a well organized side who communicate and play well for each other and are able to capitalize on opposing sides weaknesses.

They opened the scoring when Tommy Flemström broke away with the ball and executed a fine The young best Dergolist in goal. This was a double blow for the home team as they had just lost the services of defender Gary Phillips, who is in great form at the moment, to an injury. His replacement by the problems and problems coping with his marker. Bollstansis' captain had a fine game and controlled things very well and was one of the reasons Längholmen were closed down in the middle. The going was a time frantic on a rain sodden Store Essinge pitch and Längholmen to their credit never gave up even when a second goal came. If only one of the chances they created in the first half hour period had gone in this would of been a game with a completely different complexion. That second goal was due to bad covering and the Bollstanäs forward was able to nod home from close range. Man of the match Deri Thomas tried on a couple of occasions to break dow









firm and returned to Upplands Väsby with a full pot.

Långholmen have a tough end of season program and must win their home games to have a hope of playing in this division next year. Bollstanäs will be playing their football in Division Three next year and quite rightly so. A real bottom of the table clash awaits Stora Essinge on Saturday when Danderyd pay a visit. This team have already comprehensively beaten the Stripes this season, so it could be an interesting one. Långholmen will have a somewhat weakened team for this one due to mounting injuries and suspensions.

<u>Crowd:</u> 47 hardy souls braved the torrential rain. <u>Refwatch:</u> Once again a very good performance by Ivan Njidic. <u>Korvguiden:</u> The Sausages have been better. 2 out of 5

Audio report with Deri Thomas >>>

All the best Scot James



FC DJURSHOLM UTD (0) 0 LÅNGHOLMEN FC (1) 1 Djursholm,monday 1st september 2008 KO 20.20

SUPER STRIPES SHOOT DOWN STARS

It wasn't just the mosquitos who were hungry for this Monday evening fixture, the Långholmen players turned up with an appetite for destruction It wasn't just the mosquiros were hungry for this Monday evening inxture, the Langnoimen piayers turned up with an appetite for destruction and put Djursholm firmly in their place. The away team showed absolutely no respect whatsoever for their star studded opponents and had their finishing been up to scratch, could of walked away with a much more convincing win. As early as four minutes Anton Bergström Björklund showed his pace and made an inwards road towards the box but instead of taking a shot he took a touch too many. The Stripes' back four had a formidable game and controlled proceedings admirably. Gary Phillips with his no nonsense closing down and inch perfect passing down the flank, was nominated man of the match. The solid pairing of Lascelles and McCormack has been a revelation in the second part of the season and Nick Phillips as reliable as ever. The home team created a handful of chances and were unlicky not to take the lead when Jerry Månson supt through on Bergquist in goal, his low struck shot rebounded off the big keepers left hand post. The key to this victory was Långholmens never say die spirit and some well thought out, simple forchalk.



A moment of quick thinking on the 35 minute mark created the games only counter. Långholmen were awarded an indirect free kick just inside the Djursholm penalty area, A moment of quick training on the 3-b minute mark created the games only counter. Längholmen were awarded an indirect free kick just inside the Djursholm penalty area, Colm Kenny retrieved the ball quickly from the arms of the Strömblad in goal and placed the free kick into the path of Chris Allen who fired hard and low into the net, Djursholm took far too long to organize pain of Lins Alien with lines had all tow into the flex, Dijursilonit took art oot long to organize their defence. Kenny, who pased threat throughout, had the ball in the net again on 43 minutes but was adjudged offside much to the relief of tv commentator Henrik Strömbild in goal. The Stripes played sone super football in the second half and really should of added to their tally. Hentmark of the stripes played the stripes played the stripes played the stripes played the stripes and the stripes of the stripes and the stripes of the stripes

team did themselves no justice with idiotic remarks to referee Jan Stålal and in turn saw first, head coach and former AIK chief Peter Kisfaludy's assistant sent out from the dug out for persistent abuse towards the officials, outfield player Conny Liquist was then given his marching orders on 74 minutes for a second bookable offence.

A vital three points for the Stripes in their quest to secure a place in division four next term. Bollstanäs are next on the list for Långholmen. They have already beaten Långholmen this season and are strong favourites, but will not relish coming to Stora Essinge

Stripes Man of the Match: Gary Phillips, once again a fine performance from the quietly spoken banker

Crowd: 34 of which 21 were Långholmen fans

Refwatch: Without a doubt the best referee team this season so far

orvauiden: 1 out of 5

Mosquito count: Millions of the buggers.

idio report with Gary Phillips >>>

All the best Scot James

LÂNGHOLMEN FC (3) 3 **VIKSJÖ** (0) 2

Stora Essingen IP, friday 22nd August 2008 KO 20.00

STRIPES SWEAT IT OUT FOR POINTS

This was great entertainment for the Långholmen faithfull at Stora Essinge. Friday night football and press coverage on top of a three pointer for the home team

It was a real game of two halves and Viksjö almost grabbed an equaliser at the end but thankfully for the men in Stripes the ball canoned off the crossbar.

the men in stripes for the all caloned off the crossbar. The visitors didn't really give the Lângholmen defence to many problems in the first half .A first 45 minutes that saw some neat football from the hosts. A goal line tussle almost resulted in a goal when Colm Kenny was in the fray inside the six yard box the keeper just managing to get on top of things. It didn't take long for Lângholmen to take the lead when another goalmouth scramble saw the ball creeping

over the line after hitting the post.

over the line after nitting the post.

Colin Kenny added to his Längholmen tally on 31 minutes when he recieved a beautifully weighted pass from Chris Allen, the stalky Irishman wasted no time at all in slotting past the keeper much to the jubilation of the home support. Kenny had an exceptional game and was on the score sheet again when Derri Thomas this time was the supplier, Kenny wrong footed the keeper and his shot landed in the net via the upright and three nil was the half time scoreline.

Viksjö looked a completely different team in the second half and dominated early on. They were dubiously awarded a penalty on 63 minutes and pulled it back to 3-1.



Man of the match Robbie Graham then headed of his own goal line minutes later when a dangerous in swinging cross caught the home defence unawares. Langholmen rarely threatened, but created two fine chances in the second half. Chris Allen saw a header s by the keeper after some fine running by Wilhelm Karlsson on the left flank. econd half. Chris Allen saw a header saved Young Anton Bergström Björklund also had a glorious chance but shot past the post when it looked easier to

scon The away team battled away and added a second goal on the 75 minute mark

The analy cean beated analy an abded a second goal on the 23 miner hand.

Längholmen remained composed and held on for a well earned victory.

This was a lift for the Stripes, who now head into some very tough fixtures. The question is can they get the

points needed to quarantee safety?

Stripes Man of the match: Robbie Graham had a very good game and as always put in 110%.

<u>Refwatch:</u> An average or more correctly said usual performance at this level. <u>Korv Guiden:</u> very disappointingly closed tonight. what is going on?

idio report with LFC's Robbie Graham >>>

All the best Scot James

VAXHOLM IK (1) 3 LÅNGHOLMEN FC (0) 0 Vaxö IP, saturday 16th August 2008 KO 16.00

SET PIECE AGONY FOR STRIPES

Vaxholm remain in the battle for the league title after a fine victory over Långholmen.

The home team, hungry for victory after previous poor performances made the most of training ground sessions and set pieces and netted three times.

The Stripes looked weak at times and unorganized and had it not been for some excellent goalkeeping from

man of the match Edwin Bergquist the game could of easily finished six or seven to the home team. Five minutes on the clock and Långholmen lost key player Paul Sullivan, the Irishman has been a revelation for his new team and unfortunately now looks set to miss the rest of the season after a suspected hamstring injury. It was makeshift stuff for the away team, but still they looked lively in the opening stages and had



Vaxholms Fredrik Sundberg was a constant threat to Långholmen and on a couple of occasions he brought For the second game running Långholmen failed to take advantage of the pace and skill of Anton Bergström Björklund on the left side and resorted to aimless punted balls into no mans land for the most. Bergquist was on hand at least five times in the first half and saved his team from an embarrasing half time scoreline. The first half saw one goal by Vaxholms Daniel Andersson after some woefull marking by the Stripes

Långholmen looked determined at the start of the second half and pushed for an equalizer, then came the

Langiniment lower obsermined at the start of the section and and posted for an equalizer, then came the counter and the goal that effectively killed the game as a contest.

A short corner created a swinging cross that found the head of Freddie Klaving who nodded the ball home past the keeper to make it two.

Three minutes later and a piece of controversy, the referee failed to award a pass back to the goal keeper in

favour of Långholmen, the ball was then shuttled up to the other end and a resulting cross ball saw Klaving score for the days third headed goal.

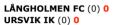
Kenny rattled the bar with a well taken free kick but that was as close as the team from the south car

Långholmens next match is a must win game, otherwise division five football is a real possibility next season Lack of strength in the squad combined with a couple of injuries to key players is the main contributing factor in the teams downfall so far. Friday night at Stora Essinge should be an interesting affair against Viksiö.

<u>Crowd:</u> 131 of which 32 were Långholmen fans. Well done. <u>Korvguiden:</u> 2 from 5. Too watery Mrs Phillips. <u>Ref watch:</u> The refereeing team worked well as a unit.

ew with LFC Head trainer Stuart Lascelles >>>

All the hest Scot James



Stora Essingen IP, wednesday 13th August 2008 KO 20.00

STRIPES DRAW A BLANK IN HARD TUSSLE

Ursvik needed at least a point in this game to keep their division four status in tact, had it not been for Edwin Bergquists right goalpost five minutes from time they may well have walked off with all three. Marc Evans and Robbie Graham were drafted into the squad and on paper the Längholmen team looked to be a pretty strong one.

Ursylk opened the stronger of the two and from the off looked very organised at the back, simple passing and no thrills were the order of the day in a good workman-like performance.

You working a reprofitable.

The home team gradually got a grip on the game and Oscar Hentmark saw a good chance tipped over the bar and from the resulting corner Chris Allen came close with a header.

Chances by Hentmark and Colm Kenny were then thwarted by Grufman in goal.

Gary Phillips had a solid game at the back although most of his play down the right side achieved very little in the last third of the pitch. Långholmen on a whole created more in front of goal in the first half, Bergquist was hardly troubled at all.

Anton Bergström Björklund tried time and time again to break through on the left but the experience of his marker meant their was no breakthrough

and the separation become all turne and turne again to break through on the net out the experience of his marker meant their was no breakthrough and his exploits on this occasion were fruitless.

On the 70 minute mark the referee missed the first of two stonewall penalty decisions, much to the dismay and anger of the home support. The second of these saw Marc Evans hauled down. The official ran over to consult with his linesman who judged that Evans had dived and the industrious Englishman was sent off for his troubles and a second bookable offence. Ursvik then saw a rasping shot canon off the woodwork with five minutes remaining.

The Stripes were then robbed of a golden opportunity to seal things when Thomas was brought down just outside the box. Oscar Hentmark looked like the contender for the kick but was denied the chance when mysteriously the referee blew for full time after awarding the kick. The Längholmen management team were both astounded and upset with the officiating team at the end of the match. Ursik weatherd a stormy match and will be glad to get points back on the board. Längholmen now go into Saturdays crucial away tie to contenders Vaxholm minus several key players. If they take something from that match it will be quite an accomplishment.

All the hest Scottie

<u>Crowd:</u> 69 <u>Refwatch:</u> The man in charge caused a few talking points after the game. <u>Korvquiden:</u> Once again hard bread prevailed ...2 out of 5

AUDIO interview with manager Chris Latham >>>

LÅNGHOLMEN FC (0) 5 **ROSLAGSKULLA IF (1) 1**

Stora Essingen IP, wednesday 6th August 2008 KO 20.00

NEW KIDS ON THE BLOCK DESTROY SAD KULLA

Sports commentators and sports media in Sweden often use the phrase "propaganda football" and that is exactly the phrase that described Långholmen FC's performance at Stora Essingen tonight.

Essingen tonight.

When Der if homas punched the air with delight after scoring Långholmens fourth goal a wave of belief came back to those on the sidelines cheening on the Stripes.

Roslagskulla will of made the long journey back to Åkersberga and beyond wondering just what hit them in a second half where they were given a footballing lesson par excellence.

Before this match both assistant trainers proclaimed that the team they were fielding was

probably the strongest Långholmen team the striped shirts have witnessed and they might just

productly the storingset Larginoinner learn the stripes shirts have winessed and trey night just be right, if this team continues to perform like they did tonight a few teams will be making long journeys home, wondering what hit them.

A goal down at the break and things still looked positive for Långholmen as they really didn't deserve to be in that position, some poor finishing in the first half ensured they went in with a zero on the scoreboard. Notably a three yard miss from Oscar Hentmark who blasted over the bar, when he looked certain to level

The Stripes' new additions made a world of difference to the team adding a whole new dimension to their game, fast flowing precision delivery through the ranks and perfectly executed final passes to the forwards made this game a treat to watch.

s breakthrough came on 59 minutes when Chris Allen crashed the ball home after some good play by Nick Phillips. Really from that

moment on Roslagskulla were clueless.
Thirty seconds later it was time for another goal as new boy Colm Kelly delicately chipped the keeper when Deri Thomas supplied him with a perfect opportunity, the cheers were loud from the Långholmen fans as the ball rippled into the back of the net. True Roy of the Rovers stuff indeed. Edwin Bergquist didn't have one notable save to make the whole of the second half, partly due to some astute defending and maybe a little do with Roslagskullas lack of grit. Kelly was on hand again for number three when he rose high above the keeper to head a looping

The same player showed then turned provider for Thomas who slammed home number four Reslagkullas offside trap failed on 86 minutes when McConnell timed his pass perfectly for Thomas to cooly slot the ball under the dismayed keeper. The away team can take one positive from the game, they managed to score, when a defensive mix up let in Pablo Villa Lobos on 17 minutes.

Everyone involved with Långholmen can hold their heads up high after this game and look forward

to another wital home game next week against Ursvik. A team they defeated 5-1 away from home earlier in the season. One thing is for sure in this league there are no certainties and for sure the management team will have the dup for that vital match.

Stripes MoM:Anton Bergström Björklund Crowd: 54

Refwatch: Some unsure officiating, offsides seem to something these chaps need to brush up on. **Korvguiden:** Only a 3 this week as the bread was a bit on the dry side.

UDIO Interview with Mark O Sullivan, assistant coach >>>

AUDIO interview with Anton, LFC player >>>

All the best Scottie James







KULLA BATTLE FOR POINTS

Lötvallen provided an idyllic setting for the relegation battle between these two evenly matched teams. A dubious offside decision left Långholmen assistant coach Mark O'Sullivan with a bitter taste in his mouth. With three minutes remaining of the match Långholmen looked to have secured a point but the officiating team judged the ball was played in an offside position. O'Sullivan later made claims that the referee agreed that the goal should of stood after the match. The home team took the lead after Steve Jeffersson did well to stop the initial shot after some careless defending Gustav Jäderlund was on hand to fire firmly home and make it 1-0. Roslagskulla continued with there no nonsense approach and exploited Långholmens left side time and time again. It took the Stripes a while to come into the game but played some really attractive football in the last twenty minutes of the first half. Robbie Graham created space through the middle and perfectly ladyed phillins through on onal. He handsome young man grundedt the keeper hujt his

perfectly played Phillips through on goal, the handsome young man rounded the keeper but his effort on goal was too weak and was cleared from danger.





to his seasons tally with an unstoppable shot from eighteen yards after some fine groundwork from Deri Thomas.

The ball was moving swiftly from end to end and both teams created a couple of balf chances, club chairman and all round nice quy Derri Thomas put the Stripes ahead after Marc Evans saw his shot

chairman and an round ince guy over montable use Stripes alread aiter mark Evans saw his sin parried by the keeper, Thomas was on hand to blast home with a low shot. Roslagskulla were glad to hear the half time whistle and whatever their coach said at half time worked because they were by far the better team in the second half. The Långholmen managem team stuck with a very weak left side of defence and the home team took advantage with all their attacks coming through that channel. First up was Albin Berisha with a well taken goal to equalise.

The Stripes woke to life and for five minutes of the second half looked hungry again with a more

provided a great backdrop

urgent style of play, then they just seemed to fall away. Roslagskulla storming once again down the
faink and showing a will to win. Sjöblom played in a fine ball to Simon Pallander who rammed the
ball past the helpless Jefferson. Långholmen tried to haul themselves back into the game but were thwarted by Roslagskullas organised defence. A welcome break now awaits the Stripes after a torrid first half of the season. Roslagskulla will now be looking forward with some confidence.

Stripes best man: Robbie Graham

Crowd: 51, 16 Långholmen fans made the trip into the wilderness. Refwatch: The men in yellow had a fair game and kept it sensible on the card front. Korvguiden: a very disappointing one. Too watery and no flavour.

LÅNGHOLMEN FC (2) 3 VIGGBYHOLM IK (2) 2

Stora Essingen IP, saturday 14th June 2008 KO 14.30

STRIPES SHOW TRUE GRIT AND TAKE ALL THREE

Deri Thomas punched the air in delightas his 82nd minute goal sealed the points for Långholmen and gave them their first home victory of the season. There were shouts of offside from the Viggbyholm bench

give them their rists nome victory of the sesson. In line were should or or side from the viggoynoin ben but these were to no avail as Thomas's effort nestled behind the stand in keeper. It was a nightmare start for the Stripes as they went a goal down in four minutes where ne Poagrestrom this cross-curren-shot which eluded Edvin Berquist in goal, the big keeper caught completely unawares. The Stripes then found their feet and started to move the ball well and were unlucky not to level when AndyO'Sullivan for middled. Viggbyholm canned me bai aguker punch to the half hour after a rantestic mover rom microseles showed too much viggbyholm canne with a real sucker punch on the half hour mark when Stuart Lascelles showed too much hestatation and let in the on coming attacker gain possession and slot parts Bergqvist for two nil. O'Sullivan once again created a goodchance when he ran on to a fine through ball, his lobde effort narrowly went past the upright. He was the control to the succession of 42 minutes when some nice close control as the upright. He was the keeper close control as the upright. He was the keeper close control as the properties of the succession of the succession of the succession of the properties of the succession of the successio



for a justified counter

hospital on crutches after the match.

Only a minute later and things were all square when Oscar Hentmark scrambled the ball over the line and into the net much to the dismay of the away teams defence and to the delight of the home fans.

It was a bit of a lack lustre start to the second half which some some tough challenges and a real battle. New boy Paul Sullivan cleverly cooled things down and gave the middle a base to work from, the Irishman had a splendid debut and is a great addition to the squad.

The game reached the fifty minute mark when Viggby holm were forced to put an out filled player between the sticks after their keeper was unable to continue. The away side had very little in the way of chances in the second half, finding it difficult to break down the home side. Långholmen stuck to their guns and were rewarded with that finish by Thomas eight minutes from the

whistle. A concern going into the last game before the break for the

Stripes is an injury to striker AndyO'Sullivan who was sent to

nospital on crutches after the match.
All in all al good day at the office for the Stripes and once again a good solid performance.
Mark O'Sullivan, who made an appearance in the centre of defence was lyrical about Lângholmens
performance and is looking forward to the challenges ahead.

Stripes man of the match: Paul Sullivan, great first touch, hard tackling and showed he can read a game

Crowd: 57. A bit disappointing considering the team got a good win last week

Refwatch: Well the man in the middle made a few strange decisions or even lack of them today.

Korvguiden: Another 5 out of 5 from our favourite sausage lady

Audio report with man of the match Paul Sullivan >>>

All the best Scottie



URSVIK (0) 0 LÅNGHOLMEN FC (1) 5

FIVE ALIVE AS STRIPES SWEEP ASIDE URSVIK.

Condemned to division five next season by many even before the season started, Långholmen Concemmed to division rive next season by many even before the season started, Långholmen proved that they might just have something to give in the second half of the season when it comes around. A five star performance by the O'Sullivan /Latham led team gives their supporters real hope for coming games. Of course the management team will not be getting carried away after this fine win as they realise the hard work is yet to come and the old cliche"one match at a time" will no depth be useful in compine yeaself. doubt be used in coming weeks.

This was a magnificent performance by Långholmen and everyone who witnessed their showing Ursv





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Reserves reports



Our very own Scotty will supply all our members, fans and voyeurs with his wit, charm and to the point match reports for the coming season as he sees them...

A long serving member of LFC, you'll read it as it is with this man, as he puts pen to paper

KEVIN EVEREST TROPHY...What is it all about?

The Kevin Everest Challenge Cup is played for each year by Stockholms two English speaking sides. The Tudor Arms FC and Långholmen FC. The Tudor cuurently lie in Div 6 Stockholm while Långholmen play in division 4 Stockholm. Kevin Everest donated the trophy for which the teams contest. 2007 saw Långholmen win the trophy for the first time and it has remained behind the bar of the Southside pub since then.

his year the Tudor were hoping to take it back to their pub in Östermalm.

LÂNGHOLMEN FC (2) 3

TUDOR ARMS FC (0) 2
Stora Essingen IP, thursday 7th August 2008 KO 19.00

STRIPES HOLD OUT AGAINST BATTLING TUDOR

Långholmen held on to a slender lead at the end of this game and retained the Kevin Everest Challenge Cup. The Tudor will rue the fact that they squandered a couple of excellent second half opportunities to perhaps take this game to penalties, in particular a blazing effort that rattled the crossbar on 71 minutes.

peratures, in particular a bigging enter that returned the crossbar on 71 limitudes. Langholmen fielded a team made up of reserve and fringe players in this game with a couple of first team regulars boosting the squad. Tudor Arms to their credit had 7 first team players missing in action, so things looked fairly ever from the kick off.

The home team made an explosive start and had the ball in the net after only 35 seconds Willy Karlsson stormed of inch perfect cross to the head of Adam Lindgren, whose effort crept over the line after keeper Max Andermatt faile.

n the left flank and executed an It took Tudor a while to cope with Långholmens fast, direct game and could of been further behind had Långholmen not squandered 3 good chances

inside the first twenty minutes

inside the first twenty minutes.

Barry Whight was called into the Tudor team and his no nonsense approach gave the Stripes midfield something to think about.

Part time playboy and generally good looking super model Nick Phillips limped off the field of play on the half hour mark after a hard but fair challenge, an ice pack and a make over ensured there was no serious injury.

Långholmen were then awarded a penalty on 35 minutes when Erik Mayatone was upended in the box, the eager forward dusted himself down and

took the kick himself, unfortunately his effort was wide of the target. The same player made up for his miss by storming through the Tudor defence and finding the head of Karlsson who had made a rare venture up field and two mnil was a fact

Tudor came out for the second half fighting and made a real game of it. Steve McGarrity pulled one back when he took advantage of some very slack marking in the penalty area

The division six side were having a good spell and were unlucky not to equalise on a couple of occasions. Colm Kenny, fresh from his heroics the The unison six size were naving a good speir and were dilutely list to equalise on its double to occasionis could religing the good speir and were dilutely list to equalise on its double to occasionis could religing the good speir and were dilutely list to equal to the box and without even looking up institutively chipped the keeper, a class finish from the big Irishman. Three one to the Stripes
The visitors keep plugging away and were rewarded with a second counter on 87 minutes when Alex prodded the ball through the legs of Jefferson in

goal. The game was played in very good spirits and really deserves a bigger stage next year in what has become an eagerly awaited fixture.

Crowd:20 Korvguiden:Closed Refwatch:Pelle had a very good game All the best Scot James

LFC Reserves 3

Ingarö 0

Sunday, 15th June, Ingarö IP, 15.00 KO

The final game before the summer break, required a magical mystery tour through some stunning scenery. It felt like a school outing, as 16 of Långholmens finest sat on the number 429 to Ingarö. All that was missing were packed lunches and a few verses of "the wheels on the bus go round and round". I did my best to calm a few nerves, as after half an hour on the bus, a few of the team could swear they heard the sound of banjos as we got deeper into the country!

Despite a fantastic konstgräs pitch that was free, we were ushered down to a grass pitch that had seen better days. Maybe the opposition thought this would give them an advantage. That plan backfired though after 2 minutes, when Gary Phillips finished delightfully from the edge of the box after good work from Erik. This gave a very strong and skilful Långholmen team encouragement and we started to pour forward in numbers. The team were playing nice passing football, getting the ball wide for Gary, Eduardo and Martijn to put in some wonderful crosses. Every cross caused panic in the Ingarö box, with a little more luck and a bit more belief we would have had 4-5 more goals. Gary's crosses in particular were pinpoint every time and were the talk of the boys on the side.

Nino was having one of his best games in a Långholmen shirt, full of tricks and clever link-up play, he was a constant threat to the opposition defence. Our own defence looked very strong and solid and were limiting Ingarö to 30 yard long shots at best. The midfield were hassling and winning every 50-50, with Paul Conville and Stephen Carr totally dominating their opposite numbers.

As the half went on though, the usual LFC problem of not killing off a team started to worry some people on the sidelines. We came out for the 2nd half and began to play the game in Ingaros half again. Unfortunately, we seemed to lose a bit of shape and stopped doing the simple things, which resulted in a scrappy midfield stalemate for 20 mins.

As the half wore on though, the team got back to what they were doing best. Marwin, Erik and Alistair giving Ingarö no time on the ball at the back. Erik broke free on goal, his shot was saved by the keeper but rolled a balls length over the line. Sadly the referee from his position in the centre circle didn't see this and waved play on. This was despite the fact the Långholmen bench 20 metres further behind him, could see it was in..

Not to be denied though, just a few minutes later, a lovely passing move saw Långholmens dutch master Martin Balzer roll in a goal at the back post. This was a fitting end to an inspirational captains performance. Sexy football indeed !!

As the clock ticked down, it was one way traffic. Another nice passing move saw Erik add a 3rd to give a more realistic look to the scoreline. The team we had on the pitch, was probably the strongest reserve team we have ever put out. This is a credit to the quality of players we are now attracting to LFC.

I'm not one to usually give man of the match awards, as today it was a great allround team performance. A special mention today though to Nino for some great ball skills. Also to Paul Conville for his tireless running and great link up play

The team today:

Brian Kelly

Eduardo Contreras, Johnny McGrenary, Nick Phillips, Martin Siggren, Alex Austin, Kevin Everest

Martiin Balzer (captain) Stephen Carr, Paul Conville, Gary Phillips, Alastair Donachie

Marwin Knudsen, Nino Zleroi, Erik Mayitone

We go into the summer break in 3rd place, nicely positioned behind the front 2. This division is there for the winning!

LFC Reserves 10

BOO SK 1

Sunday, 4th april, Gubbängen IP, 17.00 KO

We started the game needing 7 goals to go back to the top. I must admit. I would have settled for a 1-0 before the game. The team had other ideas though.

Boo only had 10 players for this game, but as we all know playing against 10 men doesn't always make things easier. I thought the players

they did have were of better quality than our previous weeks opponents Sickla.

The pre-match talk was of being patient, knock the ball around and make their guys run on a very warm day. Once again we started well and within 10 minutes of the start, Andy O'Sullivan had knocked in 2 goals and was looking very hungry for more. These early goals may have worked against us though, as we then seemed to try too hard in the effort to add to the tally. Overambitious passes and some poor decision making was leading to a frustrating time for those watching.

We needed a 3rd goal to calm us down and that came on the stroke of half-time. This made the team talk a little easier, but still we get back to what we are good at. I couldn't have asked for a better response from the team. They came out for the 2nd half and did everything I asked. Pass, move, pass, move..Boo were simply spectators for the second 45 minutes as we produced some lovely flowing football

Sebastian was at the centre of everything that happened, completely controlling the midfield with Johnny McGrenary. He capped this with a very deserved goal too. Our forwards were running tirelessly to create opportunities and the goals began to come at regular intervals. Stephen, Eugen and Mohammed on the flanks were giving them great service also.

Micke, Ken, Dave Ely and Kevin Everest soaked up any pressure that came our way. So much so that we were able to afford the luxury of welcoming back Johan in goal halfway through the 2nd half. He dealt comfortably with the very few chances Boo created. It was a very professional performance in the 2nd half when we could have been excused for taking our foot off and getting lazy. People will take notice of us now, so this means we have to be just as hard working in the coming weeks.

Thank you also to everyone who came down, we're glad we could put on a show for yo

Man of the Match: Sebastian

Cheers/Julian/Reserves manager

LFC Reserves 3

Sickla IF 1

Saturday, 26th april, Gubbängen IP, 16.00 KC

Having only 8 of the squad available for this match, it was a case of beg, steal and borrow to get a team out on saturday. Fortunately these replacements were called Dave W, Marc Evans, Mark O', Johnny Mc, Regan and Dave Lyons so I got lucky!

We were back to the Grus for this match and I had a feeling it wasn't gonna be a pretty. It was a very scrappy start to the game, not helped

by a referee who had the idea that football was a non-contact sport. He maybe got this idea from the fact we played the first 25 minutes with a ball that came straight from the NBA!! His whistle happiness seemed to unsettle us and we picked up a few uneccessary bookings due to frustration.

Sickla took the lead after 15 minutes from an unfortunate error from Daye, who dropped the ball in a busy 6 yard box. He more than made up for this 2 minutes later though, with a fantastic save from a 25 yard rocket. Evo was brought on to hold the ball up a bit and with his first touch from a stunning free-kick, he forced the keeper to push the ball on to the post. This was gonna be a game to grind out a result and where experience would tell. We were making chances, but a combination of debatable offside decisions and sloppy finishing took us in to the break 1-0 down still.

The rain started coming down around half-time and this helped dampen the pitch down too, making it easier for us to play football. After a few words at half-time we came out very positively. Within a couple of minutes of the restart, a nicely floated cross from Evo found Mark O at the back post to make it 1-1. I sadly missed the strike, but was told by Mark it was Van Basten-esque...others told me it was Van Driver-esque, but who's complaining..

Johnny Mc and Mark were bossing the midfield now and we had all the play. 10 minutes later a lovely finish from Evo put us in front and settled us down. The team were starting to make chance after chance and we just needed to kill the game off. The much needed 3rd goal came from a beautiful lob by Alistair from just outside the box. We carried on creating chances after this, which was encouraging to see. Dave in goal had only one save to make in the 2nd half, as the team really dominated

A big thanks to the boys who stepped in. It was their experience and calm heads that won this game for us. I must make a special mention though to our younger lads Edu. Seb. Alex and Mohammed. This wasn't a pretty match for guys with their skills to play in, but they stepped up to the challenge well and fought in the true Långholmen style.

We're top just now and enjoying it. We need you to cheer us on at Gubbängen though on sunday, to help us stay there. Thanks to all of you who came and supported saturday.

Cheers/Julian/Reserves manager

Sunday 6th april 2008. 17.00 KO, Hammarby IF

o Scudetto 2

Långholmen 0 (friendly)

A fantastic pitch and an almost professional setting for football on sunday, all contributed to a very entertaining game of football. Forget the score, this game could have gone either way and with a little more luck, it would have been our way.

The boys wasted no time in getting into a nice passing game, from the 1st whistle there were some lovely passing movements. The coaching side have been trying to get the team to be patient and build play. Switching the ball across the back four until an opportunity raises. Martin Sjögren was having a great geme at right back and was involved in building a lot of the best moves. The midfield was bossing the game and It seemed a matter of time before a goal came.

Then after 25 minutes, we stopped doing the simple things. Passing and moving,working for each other and we let Lo Scudetto back in the

game. They scored a goal during this period of play and we went in at half-time 1-0 down. The talk at half-time was of getting back to basics and concentrating for the whole half,not just the first 20-25 minutes.

Fair play to the boys, they listened and acted on it. We played for the whole 45 minutes of the 2nd half and I was very pleased with the performance. Adam was very unlucky to hit a post, the ball rebounded and trickled along the line into a grateful goalkeepers arms. He also had a goal disallowed for offside. Pushing for an equaliser left us open to a break though and on one of these, Lo Scudetto scored their 2nd with 20 minutes to go.

It was pleasing to see some of our new young players like Seb and Mohammed settling into the team and playing their best games so far for us. It's always a step up from youth football to mens football and they've worked hard at adjusting.

With every game we've improved and are now playing like a team. Once we keep focused for the whole 90 minutes then things will get even better. A big thanks goes to Alex, who has worked really hard in training in getting us organised and correcting our mistakes from previous matches

One more friendly against Aspudden this weekend then the season starts for real.

Sunday 16th march 2008.

Carioca 5

Långholmen 3

It was a good game on a beautiful afternoon down in Älvsjö. Mike's new club were a good challenge for our young team. They were

hysical but fair, with some good experienced and talented players.

We were 1-0 down within 2 minutes after waiting for an offside decision that never came. This seemed to wake the team up and we spent the rest of the half pretty much in control. The boys had several chances to go in at half-time leading, but a combination of bad luck and a lack of composure in front of goal denied us. We were waiting for the half-time whistle it seemed as Carloca took a 2-0 lead.

An inspirational team talk from the new manager :wink: seemed to do the trick at half-time though. The lads shot out of the blocks in the 2nd half and within 20 minutes of the restart we were 3-2 up. 3 well worked goals from Seb, Will and Alex put us in control of the match and we looked like running away with it. Full credit to Carioca though, they got their heads together and started working themselves back in the game. A couple of moments of indecision in our box in the space of 2 minutes and it was 4-3 to Carioca. As we chased the game, they added a 5th with another well taken goal from the right winger.

Lots of positives to be taken from the game. With a little more concentration and calm on the ball and off it, we'll definitely be challenging the

top teams this season. it's only the 2nd time the boys have played together properly, so I'm pleased how things are going. Maybe Mike can give us a comment from his teams viewpoint?

Thanks for the people who came down to watch us. It wasn't easy to find it, but we're grateful you did

Cheers/Julian/Reserves manager

We bring you this special report as a blast-from-the-past series deservedly part of the Reserves pages as players from the Reserves participated in this battle.

Saturday 16th June 2007 Gubbängen IP. KO: 12.00 **TULLINGE 1**

A GAME OF ONE HALF

The old addage a game of two halves did in no way, shape or form describe this encounter. The second forty five was so dull the Stripes Ultras spent most of their time making up humorous songs aimed at their favourite players. The only real positive happening after the break was a well taken goal by Andy O'Sullivan, who is looking good for hitting the thirty goal mark this season.

Tullinge didn't come to Gubbängen to play exciting football they came to try and wear down Långholmen and at times were painful to watch. They did however put up a bit of a fight in the last twenty minutes and even managed a goal in injury time, when a wind assisted effort by Svenningssonsonson soared over Edwin Bergquist and into the net.



Tullinge try to break through the Stripes defence

Two Långholmen legends discuss the state of play at half-time.

start for the Stripes in thirteen minutes when captain Robbie Graham won the ball

in midfield. Andy O'Sullivan cleverly interacted with Challe Mörkdal on the right side, the young Swede whipping in a dangerous ball into the area, hesitation by the Tullinge defence was punished when Thomas blasted the ball high into the net for the opener. Ciaran McCormack and Barrie Radford ensured the Langholmen defence was unbreachable and Nino ran at the Tullinge stoppers with great skill and pace, the young man is proving a real asset to the Stripes and picked up his second man of the match award.

Chances fell to both Robbie Graham and Nino ,the first a powerful downward header that

bounced up and over the bar, the second a fine effort that canoned low off the upright.

One of the best goals in regards to build up was witnessed in the second counter,
McCormack won possession before playing a great pass forward, the ball steadily swept out

to the right where O'Sullivan played in an inch perfect cross to the big Irishman who wasted no time in producing an unstoppable header past the rather portly Tullinge keeper.

The anticipation of more goals from the Stripes could be felt on the sidelines but unfortunately the game petered out in the second half with very few clear cut chances being created.Tullinge lost their keeper on 77 minutes when Andersonsonson limped off.He was replaced by Hansonsonson who had a couple of fine clearances. He was made to pick the ball out of the net on 85 minutes when O'Sullivan rounded things off, latching onto a through ball and running in on the keeper before firing hard and low into the bottom right hand corner.

Tullinge will entertain the Stripes on Wednesday night in the last game before the summer break. A win for Långholmen will put them firmly in the top three



57 people didn't pay to watch

Stripes man of the match: Nino once again for his endless running good distribution and tricky footwork

Retwatch: Played a game of even things up the whole time. The linesman kept the fans amused with a great exhibition of keepy up during a Korvguiden: A nice sausage with fine all round taste 3 out of 5.

All the best/Scot James.



has reported for Långholmen for the last 4 seasons. A lot of effort.

time and energy has been put into making the reports: an essential, well-read and appreciated side to the club. Both internal and external

sources read his write-ups

For archived reports from the last four seasons, choose your pdf and read more: Match reports from 2004: >>>

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LÂNGHOLMEN FC LADIES 2 VÄRMDÖ 4

Gubbängen IP, saturday 10th may 2008 k.o. 12.00

STRIPES RUN OUT OF STEAM

Långholmen ladies were unable to keep their lead in this game and lost out and justifiably so to a better Värmdö team. The Stripes did battle but were overpowered in the last twenty minutes that saw the away team net three

The game got off to a terrible start when Karin Brulin was adjudged to have handled inside the box and Värmdo made no mistake from the spot.

The Långholmen team then composed themselves and played some tidy football and were rewarded on 26 minutes when Elin Magnusson chased onto a forward pass and cooly shot past the keeper.

Tina Israelsson in goal pulled off a couple of great saves to keep it even at the break.

Magnusson once again netted when some clever interplay between herself and Elin Gyllenhammar saw the ball breeze past the keeper and into the net. From that point another goal would of settled the home team , however it was

not to be as Värmdös pint sized striker ran the Stripes defence ragged and made sure her team came away with all the points

Crowd: 22

Chris Latham did not lose any flags today.

All the best Scottie

LÂNGHOLMEN FC LADIES (2) 3

SÄTRA SK (0) 1 Gubbängen IP, saturday 26th April 2008 k.o. 12.00

Premiere joy for Stripes ladies

Långholmen Ladies made a historical start to their league campaign. Not only was it their first ever competitve match but also their first ever victory as a team. This is a team that have suffered heavily in their pre season matches, but that was put well behind them today with a performance of great team spirit and never say die determination.

Team manager Jenny Timgren was overjoyed to the point of spilling a few tears at the end of the match. Långholmens management team instructed their girls to play counter attacking football and with a very successful 4-5-1 line up this proved the key factor in this game

The game could not of gotten off to a better start when in the 2nd match minute Sofie Askefors picked up the ball shrugged off her markers and elegantly finished to give her

team the lead. Sätra were hungry for a quick response but some solid defending and some fantastic goalkeeping by Tina Israelsson prevented the away side from netting. **Långholmen kept their work** rate up and with Kerstin Blomqvist commanding at the back started to play some

attractive football. With 23 minutes gone the Stripes doubled their lead when an inswinging corner was punched high in the air by the Sätra keeper, when it returned to the penalty area Elin Magnusson was first to react and stroked the ball home from 6 yards.

The second half saw Sätra play strong attacking football and were rewarded when they scored from close range on 55 minutes. Some good goalkeeping by Israelsson kept the Sätra forwards from adding to their tally. **A moment of magic** was witnessed as the game approached 70

minutes Askefors stormed through the middle of the park and proceeded goal bound but instead of taking a shot she cleverly back heeled the ball to the on coming Viola Martinsson who cracked the ball home high into the top left hand corner from 22 yards, sparking wild celebrations on the Stripes bench.

The girls stuck firm to the final whistle and will now look forward to their next fixture with hope and confidence

Crowd: 28

Långholmens

best player: It would be unfair to pick out any particular player as this was a great team performance and all who bore the Långholmer colours can be very proud of their achievement.

Audio interview with manager Jennie Timgren >>>

All the best Scot James.





DIV5 Ladies versus LFC Korpen (friendly)

Långholmen BP saturday 16th February 2008 k.o. 12.30 (LFC Korpen won 8-0).

LADIES IN BRAVE BATTLE

This match was a historical milestone for the club as Chris Lathams ladies team played together for the first time on an outdoor pitch as a team. Their opponents were no other than the newly formed Korpen two team. Many of the Korpen team may of thought they just had to turn up for this match to win it, the truth was many of the registered players didn't bother turning up at all. The girls kicked off in glorious sunshine at Langholmens Stadium of Trees and were unlucky not to take the lead in the second minute when the ball bobbled over Kristina Locknes foot and went wide. It took a good ten minutes for the mens team to open their account with a very dubious offside goal. They then added another two,one of which was a blatant offside counter, before the break.

The girls more than matched their opponents in commitment and with a

bit more match practice and shape in their play they should have a good season ahead. Korpen ran away with the match at the end but another four of their goals were offside, so really the score was 1-0 to the lads.

Apart from this being the ladies first match it was also historical for another reason, the legend that is Mark O\Sullivan played in goals for 25 minutes of the match for the ladies thus making him the first player at the club to have played for all teams. Well done Mark.

Crowd 15

Man of the match: The whole of the ladies team

All the best to all players involved in todays match for the coming season.

/Scotty - LFC

Scotty has reported for Långholmen for the last 4 seasons. A lot of effort, time and energy has been put into making the reports: an essential, well-read and appreciated side to the club. Both internal and external

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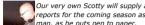








Korpen reports



Our very own Scotty will supply all our members, fans and voyeurs with his wit, charm and to the point match reports for the coming season as he sees them...A long serving member of LFC, you'll read it as it is with this man, as he puts pen to paper.

KORPEN SEMT ETNAL LÅNGHOLMEN KORPEN (0) 2 GARY GLITTER FC (0) 1

Saturday 18th october 2008, 15.00 KO.

STRIPES IN POLE POSITION AFTER CUP WIN.

Polish striking sensation Artur Czapinski grabbed a second half double to secure a final berth for Phil Hopkins' team.

This game was played very much under Sunday League conditions, no changing rooms, players turning up ten minutes before kick-off and one of the teams had a mix match of shirts for a kit.

It was a match that saw Långholmen Korpen pitted against old

adversaries, the unfortunately named Gary Glitter team, matches between these teams are always close encounters and after the first 45 minutes any of them could of booked a place in wednesdays final. The Stripes had a much tighter grip on things in the first twenty minutes and produced a couple of fine chances, both efforts just sliding past the post.

Nathan Parker, who had a match he will want to forget, was carded on 15 minutes for a clumsy challenge on Danny Svensson. Big Johnny Dub also saw a chance go a begging on 32 minutes after

being on the pitch only a few minutes. Glitter had a chance just before the break, but 0-0 was just about right.

The second half saw Glitter open brightly and Andreas Svensson-Svensson picked the ball up from Johan Svenson but his shot just went past the upright.

On fifteen minutes the Stripes suffered a major set back when captain Dave Watters was carried of with a head injury, he was sent immediately to hospital with a nasty gash and received some stitches for his trouble

The Glitter forwards tried to break through but the Stripes defence held tight. Then came the opening goal, a flighted corner had reached Lascelles who managed to find Artur Czapinski who rammed the ball

home from 6 yards. This was just what the game needed. Two minutes later it was all level when Svenne Svensson took advantage of a slip of the brain by Parker and latched on to a dreadful back pass and slotted easily home past Kelly.

Långholmen then slowly looked to be falling out of the game and some careless passing could of cost them dear.

Then on 76 minutes a piece of magic by the Polish striker sealed it. Evergreen defender Jim Taylor flighted in a free kick which eventually found it 's way to Czapinski who took the ball on his chest , swivelled on the same movement and slammed high into the net, causing much jubilation for the Långholmen Ultras.

The Stripes will have to step up their game a little if they are to overcome the likely winners of Sundays other semi-final, Gamla Tyresö.

Audio interview with 2-goal Artoo: >>>

Crowd: 24 brave people saw the Stripes on a cold day

Refwatch: Korpen Beer quide: Excellent

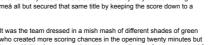
All the best Scottie

Special report from 2007: 10th October 2007, Hökarängen BP, KO: 18,30

LFC Korpen 90 vs Umeå Utd: final match of season 2007.

BLUES JUST MISS OUT.

The korpen boys showed the kind of spirit that runs through Långholmen Football Club with a sterling never say die approach for the whole ninety minutes of this crucial match. Coach Phil Hopkin had told his lads not to be wound up by their opponents and just play the game as they know and had they taken a couple of the numerous chances they created in the second half they may of been sitting in contention for the league title. Umeå all but secured that same title by keeping the score down to a single strike



who created more scoring chances in the opening twenty minutes but keeper Kelly, who once again put in an excellent performance, stood firm to everything they could throw at him. Manchester Mike looked firm at the back accompanied by Barry the hairdresser At times the Lângholmen boys played some very efficient and direct football Julian the quizmaster linking up



well with Coventry Pete and Pete Simpson. Mick Jagger had a glorious chance to put his team ahead just before the break, his finish was not however of the same standard as the great build up involving boysband Robbie

The second 45 minutes saw Lângholmen pin Umeâ back and create chance after chance without reward. That was until Lângholmen veteran Johnny the massageman literally put the ball through the keeper after recieving a sublime pass from Andy the cameraman and made it one nil after 65 minutes.

Time after time the korpen blues tried to break down the goat herders and deer slaughterers of Umeå but the men from the North stood fast and can look forward to getting back home and helping Santa with his winter work.

This was Phils last match in charge and cannot fault any of his boys who have put in a great effort this season.

Crowd: 17 Ultras Ref: Overweight !!!

Rum Guiden: A nice bottle of Captain Morgans to keep the sidelines warm on a freezing night.

All the best, Scotty.



has reported for Långholmen for the last 4 seasons. A lot of effort, time and energy has been put into making the reports: an essential,

well-read and appreciated side to the club. Both internal and external

sources read his write-ups.

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Ladies Korpen » Fixtures Training/squad

K: Ladies reports

DIV5 Ladies versus LFC Korpen (friendly + some K:Ladies present in

the squad) Långholmen BP saturday 16th February 2008 k.o. 12.30 (LFC Korpen won 8-0)

LADIES IN BRAVE BATTLE

This match was a historical milestone for the club as Chris Lathams ladies team played together for the first time on an outdoor pitch as a team. Their opponents were no other than the newly formed Korpen two team. Many of the Korpen team may of thought they just had to turn up for this match to win it, the truth was many of the registered players didn't bother turning up at all. The girls kicked off in glorious sunshine at Långholmens Stadium of Trees and were unlucky not to take the lead in the second minute when the ball bobbled over Kristina Locknes foot and went wide. It took a good ten minutes for the mens team to open their account with a very dubious offside goal. They then added another two, one of which was a blatant offside counter, before the break.

The girls more than matched their opponents in commitment and with a bit more match practice and shape in their play they should have a good season ahead. Korpen ran away with the match at the end but another four of their goals were offside, so really the score was 1-0 to the lads.

Apart from this being the ladies first match it was also historical for another reason, the legend that is Mark O\'Sullivan played in goals for 25 minutes of the match for the ladies thus making him the first player at the club to have played for all teams. Well done Mark

Man of the match: The whole of the ladies team

All the best to all players involved in todays match for the coming season.

/Scotty - LFC

Scotty has reported for Långholmen for the last 4 seasons. A lot of effort, time and energy has been put into making the reports: an essential, well-read and appreciated side to the club. Both internal and external

Match reports from 2007: >>>



























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Rädda Barn

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