

5 minutes with LFCs Billy Harkness....

BILLY YOU ARE FACING YOUR OLD CLUB IN THE FINAL. WHAT ARE YOUR THOUGHTS ON THAT?
Excited more than anything, Sollentuna United are a great club with high ambitions and I'm looking forward to see how we stand up against them. Everyone made this random Englishman feel very welcome there.

YOU TIPPED LÅNGHOLMEN TO FINISH TOP THREE. UNFORTUNATELY THAT WILL NOT BE THE CASE THIS SEASON. ARE YOU SATISFIED WITH THE TEAM'S LEAGUE FORM ?

In all honesty I don't think any of us can be happy with our league form over the course of the season as we had a terrible start that left us with a mountain to climb in order to get back in contention. The form since Stuart Lascelles stepped back in as manager together with Robbie Graham has been much more like the real us.

DO YOU HAVE ANY PRE MATCH RITUALS THAT YOU NORMALLY PERFORM ?
My only rituals are a couple of warm up drills, a few step overs, which incidentally never come off in a game, a double touch pass, just some things to get my legs loose and moving.

IS THIS THE BIGGEST MATCH YOU HAVE BEEN INVOLVED IN ?

Tough one this, I've been involved in a few big promotion days, not least with Långholmen in 2009. The final day of the season with Warrington Town that clinched a Unibond promotion was big but I still feel that this is bigger.

IT IS RUMOURED THAT THE YOUNGER LADS SEE YOU AS A BIG BROTHER FIGURE. HAVE YOU ANY FAVOURITES ?

The young lads have been great for us again and we were gutted to lose big Sund for the second half of the season. I have to admit I'm a huge fan of Eric Thorell, the boy is a fantastic footballer.

WHO WAS YOUR IDOL AS A YOUNG BOY GROWING UP IN THE NORTH WEST OF ENGLAND?

Captain Marvel Bryan Robson was my first idol, the man had everything, goals, tackles, leadership, will to win, the perfect midfielder. Cole Trickle was another idol.

IF LÅNGHOLMEN WIN TONIGHT'S FINAL HOW WILL YOU CELEBRATE?

Wow, well actually some of my best nights in Sweden have come after defeats. The Järla defeat night of 2009 will remain in Långholmen folklore, just ask the sadly missed Colm Kenny. Either way we'll have a cracking night. The important thing for us in tonight's game is to give a great account of ourselves as we have throughout the competition. Sollentuna are gonna be a tough side to beat so we'll need a huge performance, but with this club, would anyone put it past us..?



This week in history...

In this week in history, the Concorde makes its first non-stop cross Atlantic flight in record time.



In 1984, the UK and China agree a hand over date for Hong Kong.



In the pop charts The Police were at number one with the song "Don't stand so close to me". Actress Hilary Duff was born on this day as was legendary soul singer Ben E King.



On the 29th of September 2005, Långholmen FC secured the Div 7 league title with a narrow win against challengers Tynnered away from home. David Molina was the goal scoring hero that day.

5) Seville v Athletic Madrid: Seville were the winners 2-0
4) Dave Beasant: Wimbledon v Liverpool in 1988
3) Malmo x14
2) Spurs x8
1) Stamford Bridge



Answers to Phil's Cup quiz:

A selection of merchandise will be available on the night so you can get yourselves kitted out like a true Stripe!

Remember to check our website that is packed with info, photos, match reports, media and much more:
www.langholmenfootball.com



STOCKHOLM CUP FINAL

Långholmen FC

vs

Sollentuna United

Wednesday 28th September 2011

KO 20:00 at Grimsta IP

Southside

Irish restaurant and entertainment pub. Stockholm's best and friendliest Irish pub.

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Match squad



Långholmen FC

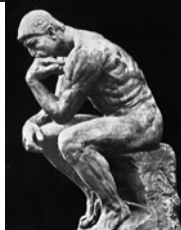
1. Edwin Bergquist
2. Andy McClelland
3. Leo Costa Eriksson
5. Otis Burris
6. Billy Harkness (c)
7. Chris Allen
8. Karl Lycke Holm
9. Andrew O'Sullivan
10. Alexander Bergström
11. Paul Sullivan
12. Oscar Hentmark
13. Pete McConnell
14. Wilhelm Karlsson
16. Sammba Sowe
17. Gary Phillips
19. Erik Thorell
20. Gareth Thornley
21. Ben Counsell
41. Danny Kelly

On the bench:

Stuart Lascelles: *Manager*
 Robbie Graham: *Assistant Manager*
 Jonas Andersson: *Administrative Manager*
 Dave Lyons: *Medic*

Phil's Cup match quiz

Ok, here's 5 Cup related questions for you answer supplied by our very own Phil Hopkin. The answers are on the back page. No cheating.



1. What stadium in London was used prior to the FA Cup final moving to Wembley Stadium in 1923?

2. Which of these 3 teams (Spurs - Aston Villa - Liverpool) has won the FA Cup the most times?

3. Which team has won the Svenska Cupen the most times since the competition started in 1941?

4. Who was the first goal keeper to save a penalty in the FA Cup final?

5. In 2010 The Spanish Cup final "Copa Del Rey " was played between who? And which team ran out winners?

Our opponents tonight....

SOLLENTUNA UTD ARE THE PRODUCT of a coalition of two former clubs, Edsbergs IF and Turebergs IF. The club itself under its present name has failed to lift any major titles since its inception in 2006, so tonight will be a huge incentive for them. Former Swedish internationalist Anders Limpar is currently assistant coach and his son Jesper is a first team regular. Sollentuna currently lie fourth in Division 2 Norra Svealand. Their fans should be easily outnumbered tonight if their average league gate of 85 is anything to go by.



The Boss has a word...



"WE ARE LOOKING FORWARD TO THE MATCH after an indifferent season in the league. We know quite a bit about Sollentuna especially since our captain used to play for them. It will be a very difficult task to win but we have a fantastic group of talented players and if they can all play to their potential I think we are in for a great final. The

run to the final has been such a great experience and I hope all our supporters can really get behind the lads and spur us on to victory. Come on you Stripes!"

/ Stuart Lascelles: Manager



Classic match report from this week in 2009

OLYMPIACOS FC (1) 1 LÅNGHOLMEN FC (2) 4

THIS MATCH WAS A CRUCIAL ONE in Långholmen's push for league title glory and although the scoreline reads like an easy victory it was far from it as Olympiacos pushed the league leaders all the way in an uptempo affair.

Colm Kenny will relish in the fact that he got another brace of goals to try and creep nearer Chris Allen at the top of the goal scoring charts for the Stripes. The first of his strikes was an absolute peach as he steered the ball home from the edge of the box, the genuine happiness on the forwards face is a joy to behold, it doesn't matter if he scores in the reserves, on the training ground or in the first string, it's the same gleeful expression you get with the likeable Irishman.

From the off Olympiacos showed they were here to put a dent in Långholmen aspirations to be top dogs this season and this was reflected in the no nonsense approach of Zegai Habtam, who was red carded in the first encounter between the sides, he hassled and hustled and covered every blade of grass in an intense opening.

The nerves were settled for Långholmen when Deri Thomas stepped forward on 20 minutes when he took on a super pass from captain Robbie Graham steered the ball into the net via the right hand post.

Better teams would maybe have crumbled at this point but the home side kept plugging away and were rewarded with an equaliser on 29 minutes when Byamhi played in a perfectly



flighted free kick to the head of Adabi to make it all square.

Approaching half time and that man Thomas again was in the right position to give the Stripes the lead after knocking home a fine ball from Kenny.

Kenny received some hard treatment from his marker in the first ten minutes of the second half but silenced him later with his fantastic double. Andy O'Sullivan should have made it three when he squandered a great chance on 55 mins, keeper George Shabo coming out to make a great one on one save and keep his side in the game.

Stripes keeper Edwin Bergquist also produced the goods at the other end with a couple of world class stops. The second of these with an outstretched leg on 76 minutes, the strike looked as if it was going back to 2-2, but much to the relief of the away team's defence Bergquist saved the day.

The last twelve minutes belonged to Colm Kenny. First his low effort to make it three, Andy O'Sullivan the provider and then he sealed things with five minutes left to play by turning his marker inside out before rifling home, revenge was indeed sweet.

The road to Grimsta..

THIS CUP JOURNEY HAS SEEN THE STRIPES rated as underdogs in at least three of their matches on this memorable cup run.

The first challenge was a very tough task against division 3 side Bollstanäs, but Långholmen swept aside the young side easily with a **5-1** scoreline.

Next in turn were Division 2 high flyers Enskede. A thrilling **5-5** game was settled on penalties, The Stripes held on and the cup dream was very much alive. A comfortable **4-2** victory against AIK supporter team Råsunda FC set up an away tie against division 6 side Svenska Syrianska. Once again the Stripes put on a fine show to make the final tonight.

Sollentuna's run to the final:

R1 v Akropolis w.o

R2 v Kungsängen 4-1

R3 v Enebyberg 7-6 pens

S-F v Huddinge 7-6 pens

