Extra extra...

THE USA LAND a space probe on the moon for the first time in 1966. The English FA ban it's clubs from competing in Europe in the wake of the Heysel Tragedy in 1985. Up to 50 British

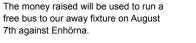
Servicemen are killed when two ships are

attacked in the Falklands War in 1982. New Order are at number 1

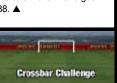


in the UK charts with Englands World Cup song "World in Motion " for Italia 90. Swedish tennis star Björn Borg was born on June 6 1956, also on June 6th Långholmen FC travelled to Västberga to face Fruängen and came away with a 1-0 victory thanks to a Marc Evans goal in front of a crowd of 88.

LÅNGHOLMEN SUPPORTERS CLUB are hosting a Crossbar Challenge today at half time. The ball will be placed midway between the goal line and the half way line and the object of course is to hit the crossbar. Those who manage this feat will be given a prize.



The cost for this is 50 kr for one kick and 100 kr for 3.







Next away match:

Date/time: 2010-06-13, 16:00 Mälarhöjdens IK vs Långholmen FC Mälarhöjdens IP

Next away match... + misc

Next home match:

Date/time: 2010-06-19, 14:00 Långholmen FC vs Älvsjö AIK FF

Essinge IP



LFC congratulates Phil Hopkin and his wife Emma who are now proud parents to their new born son Harry.



Answers to Phil's sports quis: 1 (Cafu), 2 (1980s Aberdeen), 3 (Robbie G), 4 (Brommapojkama) 5 (Borrusia Dortmund)

Many thanks to our sponsors:









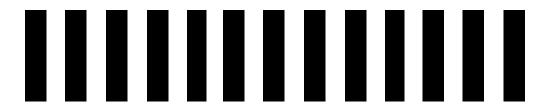














Långholmen FC

versus

Enhörna IF

Division 3 Östra Svealand

Saturday 5th June 2010, Essinge IP, KO: 14.00

Todays match is sponsored by Hertz Car Rentals



www.hertz.se





Långholmen FC

- Edwin Bergquist
- Andy McClelland
- Stuart Lascelles
- Ciarán McCormack
- Billy Harkness
- Chris Allen
- Andy O'Sullivan
- 10 Colm Kenny
- 11 Paul Sullivan
- Oscar Hentmark 12
- 13 Pete McConnell
- 14 Wilhelm Karlsson
- 16 Karl Lykke Holm
- Gary Phillips 17 18 Baris Kececi
- 19 Charlie Mörkdal

Manager: Stu Lascelles Coach: Max Hallberg



Enhörna IF

TODAY WE WELCOME ENHÖRNA IF to Essinge IP. This is the first time the two clubs have met each other. They were founded in 1928 and have many teams involved in their youth section as well as a Talent for the Future team who currently play in division 6. It is not just football that the club compete in as they a gymnastic club and a ski club in their organisation.

So far this season it has been a very mixed bag of results with wins being recorded only against the two bottom sides and a draw against Älvsjö. The last two league games have seen defeats against Spårvägen and top club Assyriska, so the y will be very keen to get the points today and pull away from the teams at the foot of the table. One of their players to look out for is James Ateseven, the former Assyriska player has a keen eye for goal.

Ok. here's 5 more brain teasers for you to think about, supplied by our very own Phil Hopkin. The answers are on the back page. No cheating.

- 1. With 142 games played, who is Brazils most capped player ever?
- 2. In which decade was the last time a club OTHER than Celtic or Rangers were last crowned champions of Scotland?
- 3. Which player has made the most appearences for Långholmen FC mens 1st team?
- 4. Which Stockholm team plays its home matches at Grimsta Stadium?
- 5. Norwich City manager Paul Lambert won the Champions League in 1997 playing for which team?

Classic match remembered



LÅNGHOLMEN 1 vs SÖRSKOGENS IF 1

Venue: GUBBÄNGENS IP kick-off 13.30 Date: Monday 6th June 2005

DADS ARMY MAKE A POINT

THE FACT THAT NICK SHORT had become a father less than twelve hours before the match did not deter the

Långholmen manager from appearing trackside for this top of the table clash. An honours even match prompted the shiny headed coach to say that he was proud of the lads for keeping up with the tempo and joked how Andy Startup caused a few remarks when declaring he was going into the box for the free kick that led to the stripes' equaliser. A sunshine filled afternoon saw Långholmen being pinned back from the first minute and on three minutes Bradley Fry's attempt on the break was easily collected by the portly goalkeeper. The hosts were looking disjointed at the back and indeed a fifty percent fit Kevin Everest failed to keep up with Sörskogens Joakim Zachrisson who ran onto a through ball and placed his shot beyond Mole and into the bottom left hand corner of the net. The stripes really failed to create more than three or four clear cut chances in the entire first half and the same can be said for the opposition as the game was constantly disrupted by an over assertive referee, who at times was stopping and starting the game so much that his whistle blowing was reminiscent of that of the rave scene in the early nineties...non stop.SIF then had a man sent off on the stroke of half time for a second bookable offence bringing a drab 45 minutes to a close.

Other LFC club fixtures...

RESERVES 1:

2010-06-13, 18:00 Långholmen FC vs Hägersten SK Essinge IP

2010-06-13, 14:00 Långholmen FC vs Hanvikens SK, Gubbängens IP

2010-06-05, 15:00 Sundbybergs IK vs Långholmen FC, Sundbybergs IP

Datum 2010-06-05 16.15 Långholmen FC A - Swed Afric, Hägerstensåsens BP

Datum 2010-06-13, 15.45 Långholmen FC B - Stocktown United, Skarpnäcks Sp.fält

Datum 2010-06-08, 19.00 Åsens Tjejer - Långholmen FK

The second half will not be noted for it's great showing of football but for the scenes that followed straight after the re start LFC's Robbie Graham was sent off for a challenge on his opposing number a harsh decision not only for the fact it was in no way a harsh challenge, but it was also the first booking for the Stripes captain. Graham refused to leave the pitch and players from both camps became involved in discussions with the ref. The unsure and bewildered official then ran to the centre circle and abandoned the game much to the astonishment of players coaching staff and supporters alike. Short and his adversary ran behind the Referee and pleaded with him to restart the match and after a lengthy negotiation he did indeed return to the field of play. The match continued, but was a very lame affair with a number of yellow cards being distributed for minor misdemeanours and both sides failing to get into any real stride due to the nature of refereeing

The Stripes battled on and tried to break down the visitors backline to no avail until a well placed free kick from Melvin O'Sullivan was fumbled by the keeper and picked out by defending star Andy Startup who cracked the ball home from close range, a rare attacking exploit that keep his team at the top of the league. A

Season 2010 - Div3 (s) teams... LEAGUE TABLE AS OF 2ND JUNE

Tabell	Totalt							Kommande matcher	
Lag	- 5	v	0		GM-IM	D	P	Tid	Match
Assyriska FF Ungdom	7	6	1.	0	22-9	13	19	2010-06-03 19:30	Spårvagens FF - Alvejö AIX FF
Spårvägens FF	7	5	1	1	15-5	10	16	2010-06-04 19:00	Vegnhärads SK - Huddinge IF
Konyaspor KIF	20	.5	1	1.	15-8	7.	16	2010-06-04 19:00	Konyaspor KIF - IK Tellus
Huddinge IF	7	4	0	3	13-13	. 0	12	2010-06-05 14:00	Långholmen FC - Enhörna IF
Alvejo AIK FF	7	2	4	1	15-9	6	10	2010-06-05 17:00	Tyreső FF - Panellinios IF
IX Tellus	7	2	3	2	14-13	1	9	2010-06-05 17:30	Assyriska FF Ungdom - Malarhöjdens IK
Vagnhárads SK	7	2	3	2	10-10	0	9	2010-06-09 19:00	IK Tellus - Enhôrna IF
Tyres6 FF	7	2	3	2	11-12	-1	9	2010-06-10 19:30	Spårvägens FF - Konyaspor KIF
Enhoma IF	7	2	1	4	12-13	-1	7	2010-06-11 19:00	Ālvsjū AJK FF - Assyriska FF Ungdom
Långholmen FC	7	0	3	4	11-17	-6	3	2010-06-12 15:00	Enhörna IF - Vagnhärads SK
Malamojdens IK	7	1	0	- 6	6-23	-17	3	2010-06-13 14:00	Panelimos IF - IK Tellus
Panellinios IF	7	0	2	5	3-15	-12	2	2010-06-13 16:00	Materhöjdens IX - Långholmen FC

Max factor: Assistant Manager Max Hallberg tells you how it is.

SO FAR WE HAVE PLAYED 7 GAMES and as all of you know we have not managed to win a game in division 3 as of yet. Still, I think we have a squad that work hard in every game and adapting to the higher pace, and learning the hard way, what it takes to play on this level. On the positive side is that we don't feel "outplayed" in any of the games so far and we create chances and we score goals enough to win games. Unfortunately we also conceding too many goals and that is something we have to turn around, we feel that we get punished by our mistakes, not because the other teams play very well. We are now going in to two very important games. Enhörna today and away against Mälarhöiden next week. We feel that



the spirit in the squad is still very good and we are looking forward to todays game in a very positive way and we will do everything in our power to take our first win of the season today. I hope you will continue and support us in the way you have done so far this season, it is a big boost for the players and the management. I hope that you will enjoy the game and that we can take all three points today!

Division 3 round up

LAST WEEKS GAMES SAW no real surprises. Huddinge were pushed all the way by Långholmen, who narrowly lost out in a 4-3 battle. Tellus and Tyresö played out a 1-1 draw at Aspudden. Konyaspor seem to be losing a little bit of ground on Assyriska as they could only manage a draw away to Älvsjö. Panellinios look to be in trouble as they were once again soundly beaten at home, this time by Vagnhärads. Mälarhöjden have the worst goals against record in the league and saw another 5 slip past them against Spårvägen on Sunday. Enhörna lost out to tabletoppers Assyriska by a 3 to nil margin at home. A









